

**SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12**

**Results**

**#1 Men 19&U 400 Meter Free**

**3:49.55 FQ\_A**

**3:57.58 FQ\_B**

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Reid, Christopher P	16	RSA	4:02.57
27.66	58.15	1:29.20	2:00.63
2:31.77	3:03.02	3:34.41	4:02.57
2 Justus, Calvyn D	17	RSA	4:02.91
27.59	58.12	1:29.81	2:01.52
2:32.85	3:04.22	3:34.95	4:02.91
3 Van Der Colff, David	15	BOTS	4:24.65
30.11	1:03.12	1:37.35	2:11.12
2:45.38	3:19.48	3:53.03	4:24.65
4 Hentzen, Florian	18	NAM	4:28.50
28.03	1:01.49	1:35.92	2:10.52
2:44.45	3:19.87	3:54.33	4:28.50
5 Lamprecht, Lushano P	15	NAM	4:40.53
30.41	1:04.55	1:40.13	2:16.80
2:52.96	3:29.11	4:05.09	4:40.53
6 Mogne, Igor	16	MOZ	4:42.53
29.05	1:02.86	1:38.47	2:14.99
2:52.32	3:29.56	4:06.71	4:42.53
7 Axiotis, Alex	16	ZAM	4:47.31
30.66	1:05.87	1:42.00	2:18.86
2:56.35	3:33.98	4:11.56	4:47.31
8 Pestana, Jason	18	ANG	5:02.99
31.74	1:08.26	1:46.18	2:25.10
3:04.99	3:45.70	4:24.88	5:02.99
<b>#1 Men 19&amp;U 400 Meter Free</b>			
<b>3:49.55 FQ_A</b>			
<b>3:57.58 FQ_B</b>			
Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Reid, Christopher P	16	RSA	4:04.93
27.85	57.96	1:28.93	2:00.05
2:31.45	3:03.13	3:34.74	4:04.93
2 Justus, Calvyn D	17	RSA	4:07.49
26.29	56.23	1:27.70	1:59.70
2:31.81	3:04.44	3:37.18	4:07.49
3 Doyle, Byron S	18	RSA	4:09.26
26.99	57.08	1:28.56	2:00.74
2:32.83	3:05.26	3:37.65	4:09.26
4 van der Merwe, Jan Petr	19	RSA	4:16.38
28.77	59.97	1:32.06	2:04.44
2:37.23	3:10.12	3:43.45	4:16.38
5 Johannisen, Edward T	17	RSA	4:26.76
29.11	1:01.65	1:35.54	2:08.99
2:43.83	3:18.31	3:53.02	4:26.76
6 Van Der Colff, David	15	BOTS	4:27.57
30.41	1:03.45	1:37.19	2:11.74
2:45.92	3:20.95	3:55.25	4:27.57
7 Hentzen, Florian	18	NAM	4:33.29
28.81	1:02.26	1:37.94	2:13.05
2:48.50	3:23.60	3:58.59	4:33.29
8 Lamprecht, Lushano P	15	NAM	4:36.16
29.37	1:03.27	1:38.06	2:13.74
2:48.77	3:25.13	4:01.35	4:36.16
9 Mogne, Igor	16	MOZ	4:42.69
28.79	1:03.68	1:39.78	2:16.37
2:52.64	3:29.48	4:06.61	4:42.69

10 Axiotis, Alex	16	ZAM	4:50.92
31.16	1:06.43	1:43.14	2:20.66
2:58.79	3:37.33	4:15.15	4:50.92
11 Pestana, Jason	18	ANG	5:08.51
31.51	1:07.42	1:45.10	2:25.87
3:06.50	3:48.48	4:29.53	5:08.51
12 Dlamini, S'Manga	15	SWAZI	5:34.64
32.51	1:13.45	1:56.44	2:41.38
3:25.34	4:09.81	4:52.96	5:34.64
13 Antunes, Joao	17	ANG	5:34.93
32.55	1:10.82	1:53.08	2:36.88
3:21.68	4:06.69	4:51.93	5:34.93
14 Mataka, Mapalo	14	ZAM	5:44.97
34.30	1:14.81	1:59.28	2:44.32
3:29.93	4:15.17	5:00.62	5:44.97
15 Hoare, Mark	17	SWAZI	5:48.17
33.03	1:12.24	1:56.10	2:41.24
3:28.72	4:15.74	5:02.09	5:48.17
16 Kunene, Phiwokwakhe	19	SWAZI	5:51.84
32.06	1:10.49	1:56.28	2:43.09
3:30.44	4:18.40	5:06.18	5:51.84
17 Sakala, Kachusi	13	ZAM	6:07.64
39.98	1:27.27	2:16.20	3:03.17
3:51.71	4:39.23	5:27.09	6:07.64

**#2 Women 19&U 400 Meter Free**

**4:09.81 FQ\_A**

**4:18.55 FQ\_B**

Name	Age	Team	Finals Time
<b>Finals</b>			
1 McLeod, Lindsay M	17	RSA	4:31.76
29.82	1:02.92	1:36.96	2:11.41
2:46.28	3:21.65	3:57.42	4:31.76
2 Van Niekerk, Nathania	13	RSA	4:46.68
31.50	1:07.34	1:44.03	2:21.44
2:58.81	3:36.35	4:12.42	4:46.68
3 Adelaar, Sonja	14	NAM	4:47.24
33.10	1:09.87	1:47.90	2:25.44
3:02.44	3:38.78	4:14.26	4:47.24
4 Howard, Jade A	17	ZAM	4:48.48
31.80	1:08.20	1:45.54	2:23.13
3:00.78	3:37.34	4:13.86	4:48.48
5 Beukes, Godiva G	16	NAM	5:04.45
32.63	1:09.89	1:48.47	2:27.76
3:06.64	3:46.07	4:25.85	5:04.45
6 Cossa, Gisela	13	MOZ	5:22.59
33.41	1:11.18	1:51.72	2:33.79
3:16.69	4:00.03	4:42.62	5:22.59
7 Lewis, Kasia	12	ZAM	5:32.48
33.60	1:12.36	1:54.82	2:38.01
3:22.89	4:07.45	4:53.27	5:32.48
8 Bique, Jannat	15	MOZ	5:36.49
35.87	1:17.05	2:00.41	2:43.56
3:27.42	4:11.62	4:54.44	5:36.49

**#2 Women 19&U 400 Meter Free**

**4:09.81 FQ\_A**

**4:18.55 FQ\_B**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 McLeod, Lindsay M	17	RSA	4:30.66
29.05	1:01.38	1:34.39	2:08.35
2:43.52	3:19.21	3:55.16	4:30.66

2 Van Niekerk, Nathania	13	RSA	4:36.00
30.59	1:04.77	1:39.32	2:14.59
2:50.27	3:26.20	4:01.66	4:36.00
3 McCulloch, Laura J	19	RSA	4:36.43
30.73	1:04.55	1:39.92	2:15.31
2:50.59	3:26.78	4:02.04	4:36.43
4 Brown, Terianne N	19	RSA	4:44.41
31.73	1:06.44	1:41.85	2:18.40
2:54.60	3:31.56	4:08.03	4:44.41
5 Liss, Jessica S	17	RSA	4:46.58
33.37	1:08.35	1:44.80	2:21.19
2:57.48	3:34.10	4:10.50	4:46.58
6 Howard, Jade A	17	ZAM	4:52.40
32.07	1:07.67	1:43.59	2:20.55
2:58.01	3:37.10	4:15.59	4:52.40
7 Adelaar, Sonja	14	NAM	5:00.98
34.00	1:12.02	1:50.47	2:29.65
3:08.15	3:46.49	4:24.03	5:00.98
8 Beukes, Godiva G	16	NAM	5:06.61
32.63	1:10.05	1:49.18	2:28.79
3:08.40	3:48.56	4:27.94	5:06.61

9 Cossa, Gisela	13	MOZ	5:26.99
34.29	1:13.74	1:55.06	2:37.91
3:21.49	4:04.43	4:47.30	5:26.99
10 Lewis, Kasia	12	ZAM	5:30.58
34.42	1:14.28	1:56.72	2:39.70
3:24.32	4:08.03	4:51.23	5:30.58

11 Bique, Jannat	15	MOZ	5:30.63
34.44	1:14.55	1:56.58	2:39.18
3:22.85	4:06.62	4:50.41	5:30.63
12 Salate, Faina	18	MOZ	5:38.75
34.38	1:13.34	1:57.03	2:40.52
3:25.79	4:10.13	4:55.46	5:38.75
13 Chungu, Jasmine P	16	ZAM	5:48.28
37.30	1:20.45	2:04.63	2:49.13
3:33.80	4:18.88	5:03.98	5:48.28
14 Gander, Colleen	13	ZAM	6:23.57
36.78	1:21.45	2:10.02	2:59.61
3:51.36	4:42.79	5:34.28	6:23.57

**#3 Men 19&U 50 Meter Breast**

**28.00 FQ\_A**

**28.98 FQ\_B**

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Crous, Jarred C	16	RSA	29.42
2 Emslie, Craig	17	RSA	29.60
3 Kulikowski, Boris	19	NAM	30.89
4 Todd, Adrian	18	BOTS	31.03
5 Goveia, Ralph W	16	ZAM	31.54
6 Winkler, Macquelin H	18	NAM	32.71
7 Axiotis, Alex	16	ZAM	33.22
8 Cipic, Marin	17	ANG	33.65

**#3 Men 19&U 50 Meter Breast**

**28.00 FQ\_A**

**28.98 FQ\_B**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
*1 Emslie, Craig	17	RSA	29.84
*1 Crous, Jarred C	16	RSA	29.84
3 Ryan, Christopher S	17	RSA	29.95
4 Basson, Alaric B	16	RSA	30.46

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

## Preliminaries ... (#3 Men 19&amp;U 50 Meter Breast)

Name	Age	Team	Finals Time
5 Crawford, Brenden G	16	RSA	30.65
6 Davids, Tashreeq T	16	RSA	30.74
7 Wessels, Reynard	18	RSA	30.95
8 Todd, Adrian	18	BOTS	31.30
9 Basson, Alard D	16	RSA	31.38
10 Goveia, Ralph W	16	ZAM	31.44
11 Kulikowski, Boris	19	NAM	31.50
12 Johannisen, Edward T	17	RSA	31.66
13 van der Merwe, Jan Petr	19	RSA	31.92
14 Justus, Calvyn D	17	RSA	31.97
15 Axiotis, Alex	16	ZAM	32.81
*16 Winkler, Macquelin H	18	NAM	32.95
*16 Mukuka, Chishala M	19	ZAM	32.95
18 Shone, Matthew	19	ZAM	33.35
19 Cipicic, Marin	17	ANG	34.15
20 Burger, Jean-Paul	16	NAM	34.32
21 Molefnyane, Kgosi	16	BOTS	34.46
22 Sentongo- Lukwago, Eri	15	BOTS	34.73
23 Dlamini, S'Manga	15	SWAZI	36.77
24 Naidu, Kumaren M	15	ZAM	37.07
25 Hoare, Mark	17	SWAZI	37.24
26 Lifa, Brave	17	MAW	38.46

## #4 Women 19&amp;U 50 Meter Breast

Name	Age	Team	Finals Time
32.00 FQ_A			
33.12 FQ_B			
<b>Finals</b>			
1 Gunnell, Kelly A	18	RSA	34.16
2 Briedenhann, Christine M	16	NAM	34.53
3 Paljk, Tilka Z	15	ZAM	35.48
4 Cloete, Micaela	16	NAM	35.78
*5 Carey Smith, Megan	17	ZIM-ZZ	35.87
*5 Connelly, Mu'minah	18	RSA	35.87
7 Cossa, Jessica	17	MOZ	36.51
8 Cipicic, Maria	13	ANG	36.94

## #4 Women 19&amp;U 50 Meter Breast

Name	Age	Team	Prelim Time
32.00 FQ_A			
33.12 FQ_B			
<b>Preliminaries</b>			
1 Gunnell, Kelly A	18	RSA	34.67
2 Briedenhann, Christine M	16	NAM	35.60
3 Paljk, Tilka Z	15	ZAM	36.00
4 Carey Smith, Megan	17	ZIM-ZZ	36.09
5 Connelly, Mu'minah	18	RSA	36.15
6 Cloete, Micaela	16	NAM	36.31
7 Borg, Kiah T	14	NAM	36.58
8 Cipicic, Maria	13	ANG	36.83
9 Cossa, Jessica	17	MOZ	37.06
10 Imsirovic, Bonita	17	BOTS	37.67
11 Van Der Colff, Deandra	19	BOTS	37.94
12 Bellringer, Kim	17	ZIM-ZZ	38.98
13 Pinto, Zahra	19	MAW	40.06
14 Chungu, Jasmine P	16	ZAM	40.14
15 Sakala, Nakawele	15	ZAM	42.03
16 Bhandhair-Singh, Naide	13	ZAM	42.82
17 Lewis, Kasia	12	ZAM	43.13

## #5 Men 19&amp;U 100 Meter Back

Name	Age	Team	Finals Time
54.43 FQ_A			
56.34 FQ_B			
<b>Finals</b>			
1 DE Villiers, Niel C	19	RSA	56.95
	27.62	56.95	
2 Reid, Christopher P	16	RSA	57.35
	27.98	57.35	
3 Lamprecht, Christiaan P	17	NAM	1:02.13
	30.06	1:02.13	
4 Van Der Colff, David	15	BOTS	1:02.60
	31.20	1:02.60	
5 Burnett, Nicholas	17	ZIM-ZZ	1:03.69
	30.68	1:03.69	
6 Alberto, Carlos	19	ANG	1:05.06
	30.62	1:05.06	
7 Lamprecht, Lushano P	15	NAM	1:06.99
	32.07	1:06.99	
8 Mogne, Igor	16	MOZ	1:07.31
	32.73	1:07.31	

## #5 Men 19&amp;U 100 Meter Back

Name	Age	Team	Prelim Time
54.43 FQ_A			
56.34 FQ_B			
<b>Preliminaries</b>			
1 DE Villiers, Niel C	19	RSA	57.45
	27.98	57.45	
2 Reid, Christopher P	16	RSA	57.72
	28.04	57.72	
3 Binedell, Martin	17	RSA	58.07
	28.41	58.07	
4 Gamiet, Zaahir Z	17	RSA	1:00.79
	29.28	1:00.79	
5 Jimmie, Clayton M	17	RSA	1:01.06
	29.58	1:01.06	
6 Lamprecht, Christiaan P	17	NAM	1:03.44
	30.92	1:03.44	
7 Van Der Colff, David	15	BOTS	1:03.48
	31.31	1:03.48	
8 Wessels, Reynard	18	RSA	1:04.55
	31.18	1:04.55	
9 Alberto, Carlos	19	ANG	1:05.82
	31.04	1:05.82	
10 Burnett, Nicholas	17	ZIM-ZZ	1:05.87
	30.68	1:05.87	
11 Lamprecht, Lushano P	15	NAM	1:05.95
	31.88	1:05.95	
12 Mogne, Igor	16	MOZ	1:06.01
	32.20	1:06.01	
13 Price, Trevor	18	ZIM-ZZ	1:06.43
	31.46	1:06.43	
14 Mangore, Elton	17	MOZ	1:07.02
	31.37	1:07.02	
15 Cyprianos, Andresious	17	ZIM-ZZ	1:07.69
	32.32	1:07.69	
16 Hentzen, Florian	18	NAM	1:08.12
	32.64	1:08.12	
17 Fakir, Shakir	15	MOZ	1:08.52
	32.61	1:08.52	

18 van der Merwe, Jan Petr	19	RSA	1:08.70
	33.41	1:08.70	
19 Axiotis, Alex	16	ZAM	1:09.26
	34.02	1:09.26	
20 Burger, Jean-Paul	16	NAM	1:10.48
	33.18	1:10.48	
21 Richter, GJ	16	SWAZI	1:13.52
	34.57	1:13.52	
22 Naidu, Kumaren M	15	ZAM	1:18.89
	38.38	1:18.89	
23 Sakala, Kachusi	13	ZAM	1:28.37
	43.26	1:28.37	
--- Johannisen, Edward T	17	RSA	NS
--- Kunene, Phiwokwakhe	19	SWAZI	NS

## #6 Women 19&amp;U 100 Meter Back

Name	Age	Team	Finals Time
1:01.39 FQ_A			
1:03.54 FQ_B			
<b>Finals</b>			
1 Van Niekerk, Nathania	13	RSA	1:04.66
	31.56	1:04.66	
2 Peens, Amy N	18	RSA	1:05.26
	31.59	1:05.26	
3 Oberholzer, Zanré	14	NAM	1:06.69
	32.46	1:06.69	
4 Cossa, Jessica	17	MOZ	1:07.98
	33.15	1:07.98	
5 Ruele, Naomi	15	BOTS	1:08.72
	33.37	1:08.72	
6 Roth, Toni	15	NAM	1:10.79
	33.94	1:10.79	
7 Bruce, Avalon	16	ZIM-ZZ	1:12.83
	34.88	1:12.83	
8 Hassen-Weltin, Shanni	12	ZAM	1:15.97
	37.07	1:15.97	

## #6 Women 19&amp;U 100 Meter Back

Name	Age	Team	Prelim Time
1:01.39 FQ_A			
1:03.54 FQ_B			
<b>Preliminaries</b>			
1 Van Niekerk, Nathania	13	RSA	1:05.90
	32.27	1:05.90	
2 Peens, Amy N	18	RSA	1:06.16
	32.03	1:06.16	
3 Malan, Janneke J	17	RSA	1:06.30
	31.46	1:06.30	
4 Oberholzer, Zanré	14	NAM	1:07.59
	32.61	1:07.59	
5 Ferreira, Kayla M	18	RSA	1:07.81
	33.17	1:07.81	
6 Allison, Greer B	18	RSA	1:08.10
	32.68	1:08.10	
7 Cossa, Jessica	17	MOZ	1:08.25
	33.39	1:08.25	
8 McLeod, Lindsay M	17	RSA	1:08.27
	33.67	1:08.27	
9 Naude, Rita	15	RSA	1:08.57
	31.79	1:08.57	
10 Ruele, Naomi	15	BOTS	1:09.02
	33.36	1:09.02	

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

## Preliminaries ... (#6 Women 19&amp;U 100 Meter Back)

11 Dixon, Tia	15	RSA	1:09.36
33.58	1:09.36		
12 Roth, Toni	15	NAM	1:10.88
33.88	1:10.88		
13 Muller, Kristy S	18	RSA	1:11.67
34.27	1:11.67		
14 Combrinck, Tiffany A	16	RSA	1:11.95
34.24	1:11.95		
15 Beukes, Godiva G	16	NAM	1:12.80
35.06	1:12.80		
16 Bruce, Avalon	16	ZIM-ZZ	1:13.96
35.54	1:13.96		
17 Liss, Jessica S	17	RSA	1:14.90
37.13	1:14.90		
18 Hassen-Weltin, Shanni	12	ZAM	1:15.94
36.72	1:15.94		
19 Paljk, Tilka Z	15	ZAM	1:16.60
36.60	1:16.60		
20 Rusch, Natasha	16	ZIM-ZZ	1:18.64
37.12	1:18.64		
21 Salate, Faina	18	MOZ	1:20.83
38.80	1:20.83		
22 Pinto, Ammara	15	MAW	1:21.95
40.46	1:21.95		
23 Bique, Jannat	15	MOZ	1:22.01
39.78	1:22.01		

## #7 Men 19&amp;U 50 Meter Fly

23.96 FQ\_A

24.80 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Wessels, Reynard	18	RSA	24.58
2 Jimmie, Clayton M	17	RSA	25.23
3 Todd, Adrian	18	BOTS	26.03
4 Goveia, Ralph W	16	ZAM	26.14
5 Marshall, Sloane	17	ZIM-ZZ	26.64
6 Cyprianos, Andresious	17	ZIM-ZZ	26.66
7 Savory, Lee L	18	ZAM	26.69
8 Van Der Colff, David	15	BOTS	27.50

## #7 Men 19&amp;U 50 Meter Fly

23.96 FQ\_A

24.80 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Wessels, Reynard	18	RSA	24.87
2 Jimmie, Clayton M	17	RSA	25.74
3 Reid, Christopher P	16	RSA	25.87
4 Justus, Calvyn D	17	RSA	26.04
5 Basson, Alard D	16	RSA	26.22
6 Goveia, Ralph W	16	ZAM	26.29
7 Lesenyehlo, Itumeleng	17	RSA	26.38
8 Doyle, Byron S	18	RSA	26.43
9 Binedell, Martin	17	RSA	26.47
10 Todd, Adrian	18	BOTS	26.61
11 Ryan, Christopher S	17	RSA	26.74
*12 Savory, Lee L	18	ZAM	26.84
*12 van der Merwe, Jan Petr	19	RSA	26.84
14 Gamiet, Zaahir Z	17	RSA	26.93
15 Marshall, Sloane	17	ZIM-ZZ	26.98

16 Crous, Jarred C	16	RSA	27.05
17 Van Der Colff, David	15	BOTS	27.55
18 DE Villiers, Niel C	19	RSA	27.57
19 Cyprianos, Andresious	17	ZIM-ZZ	27.62
20 Crawford, Brenden G	16	RSA	27.68
21 Burnett, Nicholas	17	ZIM-ZZ	28.00
22 Engelbrecht, JP	19	NAM	28.29
23 Gomes, Nuno	16	MOZ	28.30
24 Fakir, Shakir	15	MOZ	28.32
25 Winkler, Macquelin H	18	NAM	28.56
26 Rasse, Weide	16	MOZ	28.95
27 Lamprecht, Lushano P	15	NAM	29.11
28 Sentongo- Lukwago, Eri	15	BOTS	29.36
*29 Burger, Jean-Paul	16	NAM	29.68
*29 Molefinyane, Kgosi	16	BOTS	29.68
31 Price, Trevor	18	ZIM-ZZ	29.75
32 Richter, GJ	16	SWAZI	30.13
*33 Hoare, Mark	17	SWAZI	30.42
*33 Cruz, Dehnmis	16	ANG	30.42
35 Kunene, Phiwokwakhe	19	SWAZI	30.74
36 Dlamini, S'Manga	15	SWAZI	31.32
37 Mataka, Mapalo	14	ZAM	32.22
38 Naidu, Kumaren M	15	ZAM	32.40
39 Lifa, Brave	17	MAW	33.47
40 Nsona, Nyakhoko	17	MAW	33.67
41 Mupeso, Chipso	13	ZAM	36.86
42 Ngosa, Mumba	13	ZAM	38.11

## #8 Women 19&amp;U 50 Meter Fly

26.83 FQ\_A

27.77 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Ferreira, Kayla M	18	RSA	28.09
2 Chelius, Emma	16	RSA	28.87
3 Briedenhann, Christine M	16	NAM	29.00
4 Cloete, Micaela	16	NAM	30.04
5 Carey Smith, Megan	17	ZIM-ZZ	31.33
6 Ruele, Naomi	15	BOTS	31.58
7 Bruce, Avalon	16	ZIM-ZZ	33.39
8 Chungu, Jasmine P	16	ZAM	33.91

## #8 Women 19&amp;U 50 Meter Fly

26.83 FQ\_A

27.77 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Ferreira, Kayla M	18	RSA	28.86
2 Chelius, Emma	16	RSA	29.01
3 Brown, Terianne N	19	RSA	29.53
4 McCulloch, Laura J	19	RSA	29.62
5 Peens, Amy N	18	RSA	29.82
6 Muller, Kristy S	18	RSA	29.94
7 Briedenhann, Christine M	16	NAM	30.09
8 Cloete, Micaela	16	NAM	30.68
9 Combrinck, Tiffany A	16	RSA	30.85
10 Schatz, Kiara	13	NAM	30.96
11 Dixon, Tia	15	RSA	31.43
12 Connelly, Mu'minah	18	RSA	31.44
13 Van Niekerk, Nathania	13	RSA	31.47
14 Naude, Rita	15	RSA	31.54
15 McLeod, Lindsay M	17	RSA	31.62
16 Adelaar, Sonja	14	NAM	31.63

17 Borg, Kiah T	14	NAM	31.71
18 Carey Smith, Megan	17	ZIM-ZZ	31.73
19 Malan, Janneke J	17	RSA	31.96
20 Ruele, Naomi	15	BOTS	32.12
21 Allison, Greer B	18	RSA	32.35
22 Bruce, Avalon	16	ZIM-ZZ	33.29
23 Rusch, Natasha	16	ZIM-ZZ	33.84
24 Chungu, Jasmine P	16	ZAM	35.18
25 Bique, Jannat	15	MOZ	36.40
26 Hassen-Weltin, Shanni	12	ZAM	37.71
27 Lewis, Kasia	12	ZAM	38.05
28 Whitaker, Stephanie J	16	ZAM	39.05

## #9 Men 19&amp;U 100 Meter Breast

1:00.86 FQ\_A

1:02.99 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Crous, Jarred C	16	RSA	1:04.88
30.65	1:04.88		
2 Emslie, Craig	17	RSA	1:05.67
31.06	1:05.67		
3 Kulikowski, Boris	19	NAM	1:08.53
32.19	1:08.53		
4 Goveia, Ralph W	16	ZAM	1:11.83
33.78	1:11.83		
5 Rasse, Weide	16	MOZ	1:12.63
33.77	1:12.63		
6 Mukuka, Chishala M	19	ZAM	1:14.02
33.73	1:14.02		
7 Winkler, Macquelin H	18	NAM	1:14.34
34.16	1:14.34		
8 Cipic, Marin	17	ANG	1:15.91
34.62	1:15.91		

## #9 Men 19&amp;U 100 Meter Breast

1:00.86 FQ\_A

1:02.99 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Crous, Jarred C	16	RSA	1:05.72
31.40	1:05.72		
2 Emslie, Craig	17	RSA	1:06.66
31.36	1:06.66		
3 Basson, Alaric B	16	RSA	1:06.78
30.98	1:06.78		
4 Crawford, Brenden G	16	RSA	1:07.71
31.46	1:07.71		
5 Johannissu, Edward T	17	RSA	1:08.15
32.35	1:08.15		
6 Ryan, Christopher S	17	RSA	1:08.40
31.72	1:08.40		
7 Davids, Tashreeq T	16	RSA	1:08.84
32.18	1:08.84		
8 Benjamin, Kurt	19	RSA	1:09.25
32.56	1:09.25		
9 Kulikowski, Boris	19	NAM	1:10.19
33.06	1:10.19		
10 Goveia, Ralph W	16	ZAM	1:12.11
33.98	1:12.11		
11 Rasse, Weide	16	MOZ	1:13.24
34.05	1:13.24		

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

## Preliminaries ... (#9 Men 19&amp;U 100 Meter Breast)

Name	Age	Team	Finals Time
12 Mukuka, Chishala M	19	ZAM	1:14.77
	35.70	1:14.77	
13 Shone, Matthew	19	ZAM	1:15.49
	34.40	1:15.49	
14 Axiotis, Alex	16	ZAM	1:15.92
	36.07	1:15.92	
15 Winkler, Macquelin H	18	NAM	1:16.00
	34.20	1:16.00	
16 Lamprecht, Christiaan P	17	NAM	1:16.98
	36.18	1:16.98	
17 Cipic, Marin	17	ANG	1:17.46
	36.37	1:17.46	
18 Molefinyane, Kgosi	16	BOTS	1:21.44
	37.91	1:21.44	
19 Naidu, Kumaren M	15	ZAM	1:21.82
	38.35	1:21.82	
20 Dlamini, S'Manga	15	SWAZI	1:23.76
	38.07	1:23.76	
21 Hoare, Mark	17	SWAZI	1:27.04
	40.41	1:27.04	
22 Lifa, Brave	17	MAW	1:30.35
	41.37	1:30.35	
23 Da Trindade, Daniel	16	MAW	1:33.00
	41.64	1:33.00	

## #10 Women 19&amp;U 100 Meter Breast

1:08.63 FQ\_A

1:11.03 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Gunnell, Kelly A	18	RSA	1:14.20
	35.11	1:14.20	
2 Liss, Jessica S	17	RSA	1:17.84
	37.29	1:17.84	
3 Borg, Kiah T	14	NAM	1:17.85
	36.31	1:17.85	
4 Roth, Toni	15	NAM	1:21.97
	38.34	1:21.97	
5 Paljk, Tilka Z	15	ZAM	1:22.23
	37.12	1:22.23	
6 Imsirovic, Bonita	17	BOTS	1:23.49
	38.02	1:23.49	
7 Van Der Colff, Deandra	19	BOTS	1:23.99
	39.02	1:23.99	
8 Cipic, Maria	13	ANG	1:27.70
	40.69	1:27.70	

## #10 Women 19&amp;U 100 Meter Breast

1:08.63 FQ\_A

1:11.03 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Gunnell, Kelly A	18	RSA	1:15.57
	35.93	1:15.57	
2 Liss, Jessica S	17	RSA	1:18.16
	37.71	1:18.16	
3 Borg, Kiah T	14	NAM	1:20.37
	37.79	1:20.37	
4 Connelly, Mu'minah	18	RSA	1:20.77
	38.52	1:20.77	
5 Roth, Toni	15	NAM	1:20.83
	38.49	1:20.83	

6 Paljk, Tilka Z	15	ZAM	1:23.46
	37.88	1:23.46	
7 Imsirovic, Bonita	17	BOTS	1:24.35
	39.15	1:24.35	
8 Van Der Colff, Deandra	19	BOTS	1:24.64
	39.28	1:24.64	
9 Cipic, Maria	13	ANG	1:25.61
	40.49	1:25.61	
10 Bellringer, Kim	17	ZIM-ZZ	1:26.89
	41.18	1:26.89	
11 Cossa, Gisela	13	MOZ	1:32.66
	42.54	1:32.66	
12 Hassen-Weltin, Shanni	12	ZAM	1:33.92
	44.03	1:33.92	
13 Sakala, Nakaweale	15	ZAM	1:34.28
	43.23	1:34.28	
14 Lewis, Kasia	12	ZAM	1:35.89
	44.72	1:35.89	

## #11 Men 19&amp;U 200 Meter Free Relay

Team	Relay	Finals Time
1 RSA	A	1:34.32
	Wessels, Reynard 18 Emslie, Craig 17 Jimmie, Clayton M 17 Doyle, Byron S 18	23.39 47.34 1:11.01 1:34.32
2 ZIM-ZZ	A	1:41.42
	Marshall, Sloane 17 Price, Trevor 18 Cyprianos, Andresious 17 Burnett, Nicholas 17	25.33 51.72 1:17.74 1:41.42
3 BOTS	A	1:42.35
	Van Der Colff, David 15 Sentongo- Lukwago, Eric 1 Molefinyane, Kgosi 16 Todd, Adrian 18	25.79 51.88 1:18.09 1:42.35
4 NAM	A	1:43.50
	Lamprecht, Christiaan P 17 Winkler, Macquelin H 18 Lamprecht, Lushano P 15 Engelbrecht, JP 19	26.58 52.98 1:19.41 1:43.50
5 ZAM	A	1:44.05
	Savory, Lee L 18 Axiotis, Alex 16 Shone, Matthew 19 Goveia, Ralph W 16	24.85 51.26 1:18.11 1:44.05
6 MOZ	A	1:45.69
	Mogne, Igor 16 Rasse, Weide 16 Mangore, Elton 17 Fakir, Shakir 15	26.67 53.98 1:19.73 1:45.69
7 ANG	A	1:50.47
	Antunes, Joao 17 Pestana, Jason 18 Cruz, Dehnnis 16 Alberto, Carlos 19	29.44 56.64 1:24.31 1:50.47
8 SWAZI	A	1:54.69
	Dlamini, S'Manga 15 Hoare, Mark 17 Kunene, Phiwokwakhe 19 Richter, GJ 16	28.32 58.15 1:27.55 1:54.69
<b>#12 Women 19&amp;U 200 Meter Free Relay</b>		
Team	Relay	Finals Time
1 RSA	A	1:50.00
	Ferreira, Kayla M 18 Peens, Amy N 18 Muller, Kristy S 18 Chelius, Emma 16	27.15 54.32 1:22.46 1:50.00
2 NAM	A	1:53.56
	Cloete, Micaela 16 Borg, Kiah T 14 Beukes, Godiva G 16 Briedenhann, Christine M 1	27.76 56.58 1:25.89 1:53.56

3 ZIM-ZZ	A	1:58.88
	Bruce, Avalon 16 Rusch, Natasha 16 Bellringer, Kim 17 Carey Smith, Megan 17	31.60 1:00.66 1:30.07 1:58.88
4 ZAM	A	1:59.36
	Howard, Jade A 17 Sakala, Nakaweale 15 Chungu, Jasmine P 16 Paljk, Tilka Z 15	28.08 1:00.16 1:31.00 1:59.36
5 MOZ	A	1:59.87
	Salate, Faina 18 Bique, Jannat 15 Cossa, Gisela 13 Cossa, Jessica 17	29.83 1:00.81 1:31.05 1:59.87
--- ANG	A	NS
	Esteves, Jessica 15 Freitas, Maria 15 Cipic, Maria 13 Lima, Yara 17	

## #13 Men 19&amp;U 100 Meter Free

48.93 FQ\_A

50.64 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Wessels, Reynard	18	RSA	51.24
	24.52	51.24	
2 Doyle, Byron S	18	RSA	52.08
	24.84	52.08	
3 Burnett, Nicholas	17	ZIM-ZZ	53.26
	25.34	53.26	
4 Engelbrecht, JP	19	NAM	53.85
	25.83	53.85	
5 Marshall, Sloane	17	ZIM-ZZ	55.61
	26.71	55.61	
6 Todd, Adrian	18	BOTS	55.89
	26.38	55.89	
7 Savory, Lee L	18	ZAM	55.99
	26.44	55.99	
8 Mogne, Igor	16	MOZ	56.72
	27.18	56.72	

## #13 Men 19&amp;U 100 Meter Free

48.93 FQ\_A

50.64 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Wessels, Reynard	18	RSA	51.44
	24.84	51.44	
2 Doyle, Byron S	18	RSA	51.97
	24.92	51.97	
3 Reid, Christopher P	16	RSA	52.12
	25.10	52.12	
4 Justus, Calvyn D	17	RSA	52.22
	25.41	52.22	
5 Gamiet, Zaahir Z	17	RSA	52.89
	25.75	52.89	
6 Jimmie, Clayton M	17	RSA	52.95
	25.91	52.95	
7 Binedell, Martin	17	RSA	53.31
	26.10	53.31	
8 Lesenyehyo, Itumeleng	17	RSA	54.15
	26.06	54.15	
9 Burnett, Nicholas	17	ZIM-ZZ	54.36
	25.42	54.36	
10 Engelbrecht, JP	19	NAM	54.57
	26.30	54.57	

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

## Preliminaries ... (#13 Men 19&amp;U 100 Meter Free)

11 Basson, Alard D	16	RSA	55.21
26.79	55.21		
12 Marshall, Sloane	17	ZIM-ZZ	55.73
26.90	55.73		
13 Todd, Adrian	18	BOTS	55.82
26.45	55.82		
14 Van Der Colff, David	15	BOTS	55.93
27.08	55.93		
15 van der Merwe, Jan Petr	19	RSA	55.98
27.54	55.98		
16 Savory, Lee L	18	ZAM	56.63
26.41	56.63		
17 Mogne, Igor	16	MOZ	56.87
27.13	56.87		
18 Hentzen, Florian	18	NAM	57.08
27.08	57.08		
19 Gomes, Nuno	16	MOZ	57.62
27.52	57.62		
20 Lamprecht, Lushano P	15	NAM	58.89
27.73	58.89		
21 Fakir, Shakir	15	MOZ	59.55
28.25	59.55		
22 Burger, Jean-Paul	16	NAM	59.61
27.63	59.61		
23 Sentongo- Lukwago, Eri	15	BOTS	59.62
28.56	59.62		
24 Mangore, Elton	17	MOZ	1:00.23
28.10	1:00.23		
25 Shone, Matthew	19	ZAM	1:00.38
28.71	1:00.38		
26 Molefinyane, Kgosi	16	BOTS	1:02.42
28.83	1:02.42		
27 Mukuka, Chishala M	19	ZAM	1:03.21
30.25	1:03.21		
28 Basson, Alaric B	16	RSA	1:03.71
30.23	1:03.71		
29 Richter, GJ	16	SWAZI	1:03.81
28.94	1:03.81		
30 Kunene, Phiwokwakhe	19	SWAZI	1:06.96
31.08	1:06.96		
31 Da Trindade, Daniel	16	MAW	1:07.02
32.24	1:07.02		
32 Mataka, Mapalo	14	ZAM	1:07.22
33.15	1:07.22		
33 Lifa, Brave	17	MAW	1:09.26
32.66	1:09.26		
--- Benjamin, Kurt	19	RSA	NS

## #14 Women 19&amp;U 100 Meter Free

54.86 FQ\_A

56.78 FQ\_B

Name	Age	Team	Finals Time
1 Ferreira, Kayla M	18	RSA	58.56
28.63	58.56		
2 Peens, Amy N	18	RSA	59.85
28.59	59.85		
3 Briedenhann, Christine M	16	NAM	1:00.00
29.13	1:00.00		
4 Schatz, Kiara	13	NAM	1:02.30
29.94	1:02.30		

5 Howard, Jade A	17	ZAM	1:02.57
30.17	1:02.57		
6 Carey Smith, Megan	17	ZIM-ZZ	1:03.94
30.42	1:03.94		
7 Rusch, Natasha	16	ZIM-ZZ	1:05.35
30.80	1:05.35		
8 Lima, Yara	17	ANG	1:05.74
31.48	1:05.74		

## #14 Women 19&amp;U 100 Meter Free

54.86 FQ\_A

56.78 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Ferreira, Kayla M	18	RSA	58.34
28.61	58.34		
2 Peens, Amy N	18	RSA	59.88
28.76	59.88		
3 Chelius, Emma	16	RSA	1:00.24
28.85	1:00.24		
4 Muller, Kristy S	18	RSA	1:00.43
28.86	1:00.43		
5 Briedenhann, Christine M	16	NAM	1:00.83
29.14	1:00.83		
6 McLeod, Lindsay M	17	RSA	1:00.91
29.25	1:00.91		
7 Combrinck, Tiffany A	16	RSA	1:01.29
29.52	1:01.29		
8 McCulloch, Laura J	19	RSA	1:01.50
29.48	1:01.50		
9 Naude, Rita	15	RSA	1:01.66
29.62	1:01.66		
10 Howard, Jade A	17	ZAM	1:01.85
29.69	1:01.85		
11 Cloete, Micaela	16	NAM	1:02.53
29.85	1:02.53		
12 Schatz, Kiara	13	NAM	1:02.60
30.01	1:02.60		
13 Brown, Terianne N	19	RSA	1:03.17
29.97	1:03.17		
14 Carey Smith, Megan	17	ZIM-ZZ	1:03.89
30.45	1:03.89		
15 Lima, Yara	17	ANG	1:04.94
31.21	1:04.94		
16 Cossa, Jessica	17	MOZ	1:04.95
31.75	1:04.95		
17 Rusch, Natasha	16	ZIM-ZZ	1:05.30
30.52	1:05.30		
18 Salate, Faina	18	MOZ	1:05.77
30.94	1:05.77		
19 Ruele, Naomi	15	BOTS	1:05.90
31.49	1:05.90		
20 Bellringer, Kim	17	ZIM-ZZ	1:06.93
31.94	1:06.93		
21 Pinto, Ammara	15	MAW	1:08.86
32.61	1:08.86		
22 Pinto, Zahra	19	MAW	1:09.22
33.02	1:09.22		
23 Lewis, Kasia	12	ZAM	1:09.25
33.57	1:09.25		
24 Chungu, Jasmine P	16	ZAM	1:09.78
32.25	1:09.78		

25 Freitas, Maria	15	ANG	1:09.90
32.56	1:09.90		
26 Sakala, Nakawele	15	ZAM	1:11.15
34.27	1:11.15		
27 Hassen-Weltin, Shanni	12	ZAM	1:11.74
34.55	1:11.74		
28 Esteves, Jessica	15	ANG	1:13.43
33.81	1:13.43		

## #15 Men 19&amp;U 200 Meter Breast

2:12.78 FQ\_A

2:17.43 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Crous, Jarred C	16	RSA	2:21.51
31.95	1:08.03	1:44.62	2:21.51
2 Basson, Alaric B	16	RSA	2:23.58
32.37	1:08.40	1:45.29	2:23.58
3 Kulikowski, Boris	19	NAM	2:36.01
34.40	1:13.51	1:54.09	2:36.01
4 Axiotis, Alex	16	ZAM	2:44.31
36.01	1:18.79	2:03.16	2:44.31
5 Rasse, Weide	16	MOZ	2:45.32
34.84	1:15.18	1:59.76	2:45.32
6 Mukuka, Chishala M	19	ZAM	2:48.02
34.91	1:15.45	2:00.76	2:48.02
7 Cipic, Marin	17	ANG	2:49.59
35.60	1:19.21	2:04.86	2:49.59
8 Hoare, Mark	17	SWAZI	3:11.29
40.14	1:28.92	2:20.08	3:11.29

## #15 Men 19&amp;U 200 Meter Breast

2:12.78 FQ\_A

2:17.43 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Crous, Jarred C	16	RSA	2:23.59
32.20	1:08.93	1:45.97	2:23.59
2 Basson, Alaric B	16	RSA	2:24.63
32.15	1:08.52	1:45.84	2:24.63
3 Crawford, Brenden G	16	RSA	2:24.99
33.04	1:10.56	1:48.16	2:24.99
4 Emslie, Craig	17	RSA	2:26.03
32.53	1:09.90	1:48.22	2:26.03
5 Johannisen, Edward T	17	RSA	2:27.59
33.32	1:11.08	1:49.80	2:27.59
6 Benjamin, Kurt	19	RSA	2:29.61
34.37	1:12.22	1:50.96	2:29.61
7 Ryan, Christopher S	17	RSA	2:31.04
33.61	1:11.26	1:49.98	2:31.04
8 Davids, Tashreeq T	16	RSA	2:33.79
34.80	1:13.93	1:54.03	2:33.79
9 Kulikowski, Boris	19	NAM	2:39.55
35.35	1:15.78	1:57.58	2:39.55
10 Rasse, Weide	16	MOZ	2:46.35
36.53	1:18.32	2:02.67	2:46.35
11 Axiotis, Alex	16	ZAM	2:47.96
36.31	1:19.23	2:04.00	2:47.96
12 Cipic, Marin	17	ANG	2:49.34
36.65	1:19.35	2:04.24	2:49.34
13 Mukuka, Chishala M	19	ZAM	2:53.75
38.21	1:22.04	2:08.59	2:53.75

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

<b>Preliminaries ... (#15 Men 19&amp;U 200 Meter Breast)</b>			
Name	Age	Team	Finals Time
14 Naidu, Kumaren M	15	ZAM	2:59.86
38.50	1:22.86	2:10.55	2:59.86
15 Hoare, Mark	17	SWAZI	3:07.28
41.01	1:28.67	2:17.79	3:07.28
16 Dlamini, S'Manga	15	SWAZI	3:08.49
40.00	1:28.07	2:19.10	3:08.49
17 Ismail, Mohammed	17	ZAM	3:30.17
41.58	1:32.13	2:29.66	3:30.17
--- Winkler, Macquelin H	18	NAM	NS

**#16 Women 19&U 200 Meter Breast**

2:27.88 FQ\_A

2:33.06 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Gunnell, Kelly A	18	RSA	2:40.63
36.19	1:16.76	1:58.65	2:40.63
2 Liss, Jessica S	17	RSA	2:45.59
38.37	1:20.62	2:03.08	2:45.59
3 Borg, Kiah T	14	NAM	2:48.02
37.29	1:20.69	2:04.19	2:48.02
4 Roth, Toni	15	NAM	2:51.30
40.25	1:25.30	2:08.22	2:51.30
5 Cipic, Maria	13	ANG	3:04.09
41.52	1:29.27	2:17.18	3:04.09
6 Van Der Colff, Deandra	19	BOTS	3:04.18
40.60	1:25.70	2:14.46	3:04.18
7 Imsirovic, Bonita	17	BOTS	3:04.66
40.02	1:25.75	2:14.56	3:04.66
8 Chungu, Jasmine P	16	ZAM	3:09.42
41.72	1:30.38	2:19.74	3:09.42

**#16 Women 19&U 200 Meter Breast**

2:27.88 FQ\_A

2:33.06 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Gunnell, Kelly A	18	RSA	2:45.21
37.04	1:18.81	2:02.22	2:45.21
2 Liss, Jessica S	17	RSA	2:46.66
39.12	1:22.53	2:05.10	2:46.66
3 Borg, Kiah T	14	NAM	2:53.03
38.75	1:23.82	2:08.84	2:53.03
4 Roth, Toni	15	NAM	2:53.71
39.65	1:26.05	2:10.39	2:53.71
5 Imsirovic, Bonita	17	BOTS	3:04.54
39.65	1:25.47	2:14.38	3:04.54
6 Chungu, Jasmine P	16	ZAM	3:05.77
42.50	1:31.29	2:18.79	3:05.77
7 Van Der Colff, Deandra	19	BOTS	3:06.57
41.25	1:27.90	2:16.67	3:06.57
8 Cipic, Maria	13	ANG	3:10.87
43.38	1:34.97	2:25.52	3:10.87
9 Bellringer, Kim	17	ZIM-ZZ	3:10.96
42.03	1:29.68	2:20.66	3:10.96
10 Paljk, Tilka Z	15	ZAM	3:11.45
39.73	1:28.37	2:20.23	3:11.45
11 Cossa, Gisela	13	MOZ	3:21.80
43.02	1:34.31	2:28.59	3:21.80
12 Lewis, Kasia	12	ZAM	3:23.42
46.12	1:38.59	2:32.23	3:23.42

13 Hassen-Weltin, Shanni	12	ZAM	3:23.86
46.81	1:39.08	2:32.67	3:23.86
14 Sakala, Nakawele	15	ZAM	3:29.16
45.60	1:38.09	2:33.76	3:29.16

**#17 Men 19&U 50 Meter Back**

25.43 FQ\_A

26.32 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 DE Villiers, Niel C	19	RSA	26.70
2 Gamiet, Zaahir Z	17	RSA	27.24
3 Van Der Colff, David	15	BOTS	28.66
4 Lamprecht, Christiaan P	17	NAM	29.65
5 Burnett, Nicholas	17	ZIM-ZZ	29.70
6 Alberto, Carlos	19	ANG	29.84
7 Lamprecht, Lushano P	15	NAM	30.19
8 Cyprianos, Andresious	17	ZIM-ZZ	31.43

**#17 Men 19&U 50 Meter Back**

25.43 FQ\_A

26.32 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 DE Villiers, Niel C	19	RSA	27.06
2 Gamiet, Zaahir Z	17	RSA	27.37
3 Binedell, Martin	17	RSA	27.41
4 Jimmie, Clayton M	17	RSA	27.57
5 Justus, Calvyn D	17	RSA	27.73
6 Wessels, Reynard	18	RSA	28.69
7 Van Der Colff, David	15	BOTS	29.31
8 Alberto, Carlos	19	ANG	29.55
9 Lamprecht, Christiaan P	17	NAM	29.73
10 Doyle, Byron S	18	RSA	29.85
11 van der Merwe, Jan Petr	19	RSA	29.87
12 Crous, Jarred C	16	RSA	30.19
13 Cyprianos, Andresious	17	ZIM-ZZ	30.23
14 Lamprecht, Lushano P	15	NAM	30.25
15 Davids, Tashreeq T	16	RSA	30.31
16 Burnett, Nicholas	17	ZIM-ZZ	30.44
17 Mangore, Elton	17	MOZ	30.57
18 Price, Trevor	18	ZIM-ZZ	30.60
19 Johannisen, Edward T	17	RSA	31.47
20 Crawford, Brenden G	16	RSA	31.73
21 Molefinyane, Kgosi	16	BOTS	31.77
22 Richter, GJ	16	SWAZI	31.96
23 Axiotis, Alex	16	ZAM	32.65
24 Savory, Lee L	18	ZAM	33.13
25 Naidu, Kumaren M	15	ZAM	35.85
26 Antunes, Joao	17	ANG	36.11
27 Da Trindade, Daniel	16	MAW	37.57
28 Kunene, Phiwokwakhe	19	SWAZI	37.63

**#18 Women 19&U 50 Meter Back**

28.84 FQ\_A

29.85 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Naude, Rita	15	RSA	30.69
2 Malan, Janneke J	17	RSA	30.92
3 Ruele, Naomi	15	BOTS	31.28
4 Oberholzer, Zanré	14	NAM	31.35
5 Cossa, Jessica	17	MOZ	31.59

6 Bruce, Avalon	16	ZIM-ZZ	33.90
7 Pinto, Ammara	15	MAW	35.26
8 Rusch, Natasha	16	ZIM-ZZ	35.33

**#18 Women 19&U 50 Meter Back**

28.84 FQ\_A

29.85 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Naude, Rita	15	RSA	30.50
2 Malan, Janneke J	17	RSA	31.03
3 Van Niekerk, Nathania	13	RSA	31.29
4 Peens, Amy N	18	RSA	31.54
5 Cossa, Jessica	17	MOZ	31.73
6 Allison, Greer B	18	RSA	31.78
7 Ferreira, Kayla M	18	RSA	31.81
8 Oberholzer, Zanré	14	NAM	31.91
9 Ruele, Naomi	15	BOTS	32.01
10 Dixon, Tia	15	RSA	32.34
11 Combrinck, Tiffany A	16	RSA	32.63
12 Howard, Jade A	17	ZAM	32.91
13 McLeod, Lindsay M	17	RSA	33.16
14 Bruce, Avalon	16	ZIM-ZZ	34.85
15 Rusch, Natasha	16	ZIM-ZZ	35.22
16 Pinto, Ammara	15	MAW	35.24
17 Hassen-Weltin, Shanni	12	ZAM	37.12
18 Bhandhair-Singh, Naide	13	ZAM	40.03
19 Esteves, Jessica	15	ANG	42.36

**#19 Men 19&U 200 Meter IM**

1:59.99 FQ\_A

2:04.19 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 DE Villiers, Niel C	19	RSA	2:06.93
27.18	58.56	1:36.16	2:06.93
2 Reid, Christopher P	16	RSA	2:11.26
26.99	59.52	1:38.15	2:11.26
3 Goveia, Ralph W	16	ZAM	2:19.76
27.63	1:05.46	1:45.64	2:19.76
4 Burger, Jean-Paul	16	NAM	2:22.40
29.60	1:05.48	1:48.89	2:22.40
5 Lamprecht, Christiaan P	17	NAM	2:23.21
30.71	1:08.36	1:50.92	2:23.21
6 Burnett, Nicholas	17	ZIM-ZZ	2:23.24
28.94	1:07.79	1:52.27	2:23.24
7 Mogne, Igor	16	MOZ	2:25.49
29.81	1:07.63	1:52.26	2:25.49
8 Axiotis, Alex	16	ZAM	2:29.65
30.94	1:10.56	1:53.85	2:29.65

**#19 Men 19&U 200 Meter IM**

1:59.99 FQ\_A

2:04.19 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 DE Villiers, Niel C	19	RSA	2:07.87
27.22	58.63	1:36.25	2:07.87
2 Reid, Christopher P	16	RSA	2:09.85
26.44	59.15	1:38.70	2:09.85
3 Binedell, Martin	17	RSA	2:11.65
26.77	58.33	1:40.79	2:11.65

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

Preliminaries ... (#19 Men 19&U 200 Meter IM)					#20 Women 19&U 200 Meter IM					#21 Men 19&U 50 Meter Free				
					2:14.97 FQ_A					22.33 FQ_A				
					2:19.69 FQ_B					23.11 FQ_B				
Name	Age	Team	Prelim Time		Name	Age	Team	Prelim Time		Name	Age	Team	Prelim Time	
4 Emslie, Craig	17	RSA	2:15.27		1 Malan, Janneke J	17	RSA	2:26.51		1 Wessels, Reynard	18	RSA	23.11	
28.00	1:05.66	1:44.28	2:15.27		32.20	1:08.02	1:50.95	2:26.51		2 Jimmie, Clayton M	17	RSA	23.59	
5 van der Merwe, Jan Petr	19	RSA	2:18.62		2 McLeod, Lindsay M	17	RSA	2:28.68		3 Emslie, Craig	17	RSA	23.85	
27.68	1:03.79	1:45.72	2:18.62		31.80	1:08.62	1:53.80	2:28.68		4 Doyle, Byron S	18	RSA	23.88	
6 Johannisen, Edward T	17	RSA	2:19.17		3 Muller, Kristy S	18	RSA	2:30.16		5 Justus, Calvyn D	17	RSA	24.14	
29.24	1:06.49	1:47.39	2:19.17		30.39	1:08.49	1:53.42	2:30.16		6 Todd, Adrian	18	BOTS	24.57	
7 Lesenyeho, Itumeleng	17	RSA	2:19.39		4 Van Niekerk, Nathania	13	RSA	2:31.22		7 Engelbrecht, JP	19	NAM	24.64	
27.55	1:04.12	1:49.05	2:19.39		33.01	1:10.66	1:57.26	2:31.22		8 Burnett, Nicholas	17	ZIM-ZZ	24.68	
8 Goveia, Ralph W	16	ZAM	2:20.71		5 Liss, Jessica S	17	RSA	2:31.49		9 Ryan, Christopher S	17	RSA	24.79	
28.00	1:06.14	1:47.28	2:20.71		33.21	1:12.88	1:55.89	2:31.49		10 Basson, Alard D	16	RSA	24.89	
9 Benjamin, Kurt	19	RSA	2:21.04		6 Brown, Terianne N	19	RSA	2:35.33		11 Lesenyeho, Itumeleng	17	RSA	25.16	
29.10	1:07.10	1:48.88	2:21.04		31.60	1:12.94	1:58.57	2:35.33		12 Basson, Alaric B	16	RSA	25.35	
10 Gamiet, Zaahir Z	17	RSA	2:22.67		7 Adelaar, Sonja	14	NAM	2:36.13		13 Marshall, Sloane	17	ZIM-ZZ	25.45	
28.64	1:04.99	1:48.73	2:22.67		33.94	1:15.25	2:00.26	2:36.13		14 Crous, Jarred C	16	RSA	25.55	
11 Lamprecht, Christiaan P	17	NAM	2:24.28		8 Roth, Toni	15	NAM	2:37.60		15 Crawford, Brenden G	16	RSA	25.62	
30.75	1:07.83	1:51.36	2:24.28		35.21	1:14.73	2:01.02	2:37.60		16 van der Merwe, Jan Petr	19	RSA	25.63	
12 Burger, Jean-Paul	16	NAM	2:25.84		9 Gunnell, Kelly A	18	RSA	2:38.45		17 Savory, Lee L	18	ZAM	25.72	
30.47	1:08.55	1:52.45	2:25.84		32.65	1:16.03	1:58.38	2:38.45		18 Van Der Colff, David	15	BOTS	25.90	
13 Burnett, Nicholas	17	ZIM-ZZ	2:26.91		10 Beukes, Godiva G	16	NAM	2:38.73		19 Cyprianos, Andresious	17	ZIM-ZZ	25.96	
29.25	1:09.41	1:52.73	2:26.91		32.29	1:11.89	2:02.22	2:38.73		20 Benjamin, Kurt	19	RSA	26.16	
14 Axiotis, Alex	16	ZAM	2:27.21		11 Carey Smith, Megan	17	ZIM-ZZ	2:42.30		21 Gomes, Nuno	16	MOZ	26.28	
31.14	1:11.06	1:52.18	2:27.21		32.95	1:16.76	2:05.23	2:42.30		22 Molefinyane, Kgosi	16	BOTS	26.51	
15 Mogne, Igor	16	MOZ	2:27.31		12 Cossa, Jessica	17	MOZ	2:42.45		*23 Sentongo- Lukwago, Eri	15	BOTS	26.58	
30.29	1:08.94	1:53.76	2:27.31		33.23	1:13.00	2:00.90	2:42.45		*23 Burger, Jean-Paul	16	NAM	26.58	
16 Price, Trevor	18	ZIM-ZZ	2:28.37		13 Bruce, Avalon	16	ZIM-ZZ	2:45.27		25 Johannisen, Edward T	17	RSA	26.76	
30.37	1:08.47	1:53.20	2:28.37		35.11	1:18.01	2:07.19	2:45.27		26 Fakir, Shakir	15	MOZ	26.84	
17 Pestana, Jason	18	ANG	2:36.56		14 Lima, Yara	17	ANG	2:45.59		27 Lamprecht, Lushano P	15	NAM	26.92	
31.80	1:12.61	2:00.71	2:36.56		34.71	1:16.99	2:06.83	2:45.59		28 Richter, GJ	16	SWAZI	27.15	
18 Alberto, Carlos	19	ANG	2:37.88		15 Chungu, Jasmine P	16	ZAM	2:51.88		29 Axiotis, Alex	16	ZAM	27.32	
30.91	1:12.33	2:01.50	2:37.88		35.43	1:21.97	2:10.46	2:51.88		30 Nsona, Nyakhoko	17	MAW	27.50	
19 Shone, Matthew	19	ZAM	2:42.58		16 Bique, Jannat	15	MOZ	2:55.90		31 Pestana, Jason	18	ANG	27.56	
33.41	1:17.26	2:02.01	2:42.58		35.79	1:20.02	2:14.59	2:55.90		32 Cruz, Dehnnis	16	ANG	27.62	
20 Fakir, Shakir	15	MOZ	2:42.83		17 Salate, Faina	18	MOZ	2:56.89		33 Hoare, Mark	17	SWAZI	27.71	
31.45	1:14.83	2:03.57	2:42.83		36.00	1:21.60	2:15.44	2:56.89		34 Kunene, Phiwkwakhe	19	SWAZI	28.01	
21 Naidu, Kumaren M	15	ZAM	2:44.72		18 Paljk, Tilka Z	15	ZAM	2:57.46		35 Shone, Matthew	19	ZAM	28.28	
34.64	1:15.79	2:04.31	2:44.72		37.71	1:22.77	2:14.56	2:57.46		36 Goneos, Michael	19	ZAM	28.92	
#20 Women 19&U 200 Meter IM					#21 Men 19&U 50 Meter Free					#22 Women 19&U 50 Meter Free				
					22.33 FQ_A					25.34 FQ_A				
					2:19.69 FQ_B					26.29 FQ_B				
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time		Name	Age	Team	Finals Time	
1 McLeod, Lindsay M	17	RSA	2:24.04		1 Wessels, Reynard	18	RSA	22.93		1 Ferreira, Kayla M	18	RSA	27.11	
30.80	1:06.33	1:50.49	2:24.04		2 Jimmie, Clayton M	17	RSA	23.67		2 Cloete, Micaela	16	NAM	27.35	
2 Malan, Janneke J	17	RSA	2:27.98		3 Burnett, Nicholas	17	ZIM-ZZ	24.20		3 Chelius, Emma	16	RSA	27.59	
31.92	1:07.50	1:51.27	2:27.98		4 Todd, Adrian	18	BOTS	24.46						
3 Adelaar, Sonja	14	NAM	2:34.57		5 Engelbrecht, JP	19	NAM	24.68						
33.49	1:15.18	1:59.88	2:34.57		6 Savory, Lee L	18	ZAM	25.34						
4 Carey Smith, Megan	17	ZIM-ZZ	2:39.65		7 Marshall, Sloane	17	ZIM-ZZ	25.40						
33.18	1:16.80	2:03.81	2:39.65		8 Van Der Colff, David	15	BOTS	25.90						
5 Roth, Toni	15	NAM	2:39.77											
35.32	1:14.88	2:02.98	2:39.77											
6 Bruce, Avalon	16	ZIM-ZZ	2:40.68											
33.84	1:16.04	2:03.80	2:40.68											
7 Cossa, Jessica	17	MOZ	2:41.27											
33.83	1:14.34	2:00.72	2:41.27											
8 Lima, Yara	17	ANG	2:49.11											
35.17	1:19.33	2:09.63	2:49.11											

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

## Finals ... (#22 Women 19&amp;U 50 Meter Free)

4 Briedenhann, Christine	16	NAM	27.66
5 Paljk, Tilka Z	15	ZAM	28.52
6 Ruele, Naomi	15	BOTS	28.60
7 Rusch, Natasha	16	ZIM-ZZ	29.06
8 Salate, Faina	18	MOZ	29.13

## #22 Women 19&amp;U 50 Meter Free

25.34 FQ\_A

26.29 FQ\_B

Name	Age	Team	Prelim Time
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## Preliminaries

1 Ferreira, Kayla M	18	RSA	27.08
2 Chelius, Emma	16	RSA	27.41
3 Briedenhann, Christine	16	NAM	27.60
4 Cloete, Micaela	16	NAM	27.67
5 Muller, Kristy S	18	RSA	27.90
6 Peens, Amy N	18	RSA	28.02
7 Naude, Rita	15	RSA	28.21
8 Combrinck, Tiffany A	16	RSA	28.40
9 Ruele, Naomi	15	BOTS	28.55
10 Howard, Jade A	17	ZAM	28.69
11 McCulloch, Laura J	19	RSA	29.04
12 Brown, Terianne N	19	RSA	29.20
13 Paljk, Tilka Z	15	ZAM	29.25
14 Salate, Faina	18	MOZ	29.55
15 Rusch, Natasha	16	ZIM-ZZ	29.60
16 Schatz, Kiara	13	NAM	29.72
17 Oberholzer, Zanré	14	NAM	29.77
18 Borg, Kiah T	14	NAM	29.92
19 Van Der Colff, Deandra	19	BOTS	30.21
20 Carey Smith, Megan	17	ZIM-ZZ	30.24
21 Lima, Yara	17	ANG	30.30
22 Connelly, Mu'minah	18	RSA	30.42
23 Liss, Jessica S	17	RSA	30.44
24 Bellringer, Kim	17	ZIM-ZZ	30.56
25 Pinto, Ammara	15	MAW	30.68
26 Pinto, Zahra	19	MAW	30.75
27 Freitas, Maria	15	ANG	30.82
28 Chungu, Jasmine P	16	ZAM	31.05
*29 Lewis, Kasia	12	ZAM	32.07
*29 Hassen-Weltin, Shanni	12	ZAM	32.07
31 Esteves, Jessica	15	ANG	32.16
32 Sakala, Nakawele	15	ZAM	32.28
33 Imsirovic, Bonita	17	BOTS	32.77
34 Cipic, Maria	13	ANG	33.09
35 Whitaker, Stephanie J	16	ZAM	33.67
36 Bhandhair-Singh, Naidi	13	ZAM	34.01
37 Gander, Colleen	13	ZAM	34.69

## #23 Men 19&amp;U 400 Meter Medley Relay

Team	Relay	Finals Time	
1 RSA	A	3:52.87	
DE Villiers, Niel C	19	Crous, Jarred C	16
Wessels, Reynard	18	Doyle, Byron S	18
28.03	57.65	1:27.44	2:02.53
2:29.43	2:59.38	3:24.38	3:52.87
2 ZIM-ZZ	A	4:17.69	
Price, Trevor	18	Burnett, Nicholas	17
Cyprianos, Andresious	17	Marshall, Sloane	17
31.03	1:05.18	1:40.78	2:22.50
2:50.60	3:22.33	3:48.59	4:17.69

3 NAM	A	4:19.11	
Lamprecht, Christiaan P	17	Kulikowski, Boris	19
Burger, Jean-Paul	16	Hentzen, Florian	18
32.60	1:06.97	1:39.92	2:17.72
2:46.84	3:23.06	3:49.53	4:19.11
4 MOZ	A	4:21.27	
Fakir, Shakir	15	Rasse, Weide	16
Mogne, Igor	16	Gomes, Nuno	16
32.13	1:07.90	1:42.85	2:21.10
2:50.16	3:24.08	3:50.19	4:21.27
5 BOTS	A	4:22.13	
Van Der Colff, David	15	Molefinyane, Kgosi	16
Sentongo- Lukwago, Eric	1	Todd, Adrian	18
31.09	1:04.23	1:39.57	2:23.11
2:50.54	3:23.03	3:50.96	4:22.13
6 ZAM	A	4:23.01	
Axiotis, Alex	16	Mukuka, Chishala M	19
Goveia, Ralph W	16	Savory, Lee L	18
34.63	1:11.34	1:44.29	2:25.92
2:53.55	3:26.26	3:52.70	4:23.01
7 ANG	A	4:33.46	
Alberto, Carlos	19	Cipic, Marin	17
Cruz, Dehnnis	16	Pestana, Jason	18
31.66	1:05.74	1:39.81	2:20.98
2:53.86	3:33.47	4:01.38	4:33.46

## #24 Women 19&amp;U 400 Meter Medley Relay

Team	Relay	Finals Time	
1 RSA	A	4:28.01	
Van Niekerk, Nathania	13	Gunnell, Kelly A	18
Ferreira, Kayla M	18	Peens, Amy N	18
31.69	1:05.63	1:41.27	2:21.70
2:51.92	3:27.66	3:55.91	4:28.01
2 NAM	A	4:42.46	
Oberholzer, Zanré	14	Borg, Kiah T	14
Beukes, Godiva G	16	Cloete, Micaela	16
32.81	1:09.21	1:46.44	2:29.57
3:01.06	3:39.38	4:08.78	4:42.46
3 ZIM-ZZ	A	4:55.77	
Bruce, Avalon	16	Bellringer, Kim	17
Carey Smith, Megan	17	Rusch, Natasha	16
36.25	1:14.30	1:53.61	2:38.22
3:10.47	3:48.45	4:19.84	4:55.77
4 MOZ	A	5:08.75	
Cossa, Jessica	17	Cossa, Gisela	13
Bique, Jannat	15	Salate, Faina	18
34.64	1:12.39	1:52.91	2:43.39
3:18.13	4:02.93	4:33.26	5:08.75
5 ZAM	A	5:16.60	
Hassen-Weltin, Shanni	12	Paljk, Tilka Z	15
Chungu, Jasmine P	16	Lewis, Kasia	12
38.12	1:18.88	1:57.29	2:43.08
3:19.10	4:07.51	4:40.21	5:16.60
6 ANG	A	5:17.06	
Freitas, Maria	15	Cipic, Maria	13
Lima, Yara	17	Esteves, Jessica	15
38.38	1:20.22	2:01.74	2:50.26
3:24.91	4:05.38	4:38.49	5:17.06

## #25 Men 19&amp;U 200 Meter Free

1:48.42 FQ\_A

1:52.21 FQ\_B

Name	Age	Team	Finals Time
1 Justus, Calvyn D	17	RSA	1:53.76
26.36	55.26	1:25.12	1:53.76
2 Doyle, Byron S	18	RSA	1:56.36
26.19	55.81	1:26.73	1:56.36
3 Burnett, Nicholas	17	ZIM-ZZ	2:01.85
27.20	57.88	1:30.20	2:01.85
4 Hentzen, Florian	18	NAM	2:04.35
27.98	59.50	1:31.54	2:04.35
5 Mogne, Igor	16	MOZ	2:07.64
28.77	59.97	1:33.62	2:07.64
6 Pestana, Jason	18	ANG	2:15.92
30.47	1:04.60	1:40.78	2:15.92
7 Shone, Matthew	19	ZAM	2:17.44
29.60	1:04.10	1:41.43	2:17.44
8 Antunes, Joao	17	ANG	2:31.73
33.01	1:11.68	1:52.29	2:31.73

## #25 Men 19&amp;U 200 Meter Free

1:48.42 FQ\_A

1:52.21 FQ\_B

Name	Age	Team	Prelim Time
1 Justus, Calvyn D	17	RSA	1:54.30
25.96	54.39	1:24.18	1:54.30
2 Doyle, Byron S	18	RSA	1:56.37
27.04	56.90	1:27.43	1:56.37
3 Reid, Christopher P	16	RSA	1:57.15
26.50	56.04	1:26.88	1:57.15
4 Lesenyeho, Itumeleng	17	RSA	1:58.67
27.21	56.71	1:27.52	1:58.67
5 Emslie, Craig	17	RSA	1:59.67
27.29	57.20	1:28.58	1:59.67
6 Gamiet, Zaahir Z	17	RSA	1:59.71
27.08	57.47	1:28.69	1:59.71
7 Basson, Alaric B	16	RSA	2:02.53
26.88	57.38	1:29.82	2:02.53
8 Hentzen, Florian	18	NAM	2:09.66
29.62	1:02.05	1:36.63	2:09.66
9 Mogne, Igor	16	MOZ	2:09.87
29.80	1:01.87	1:35.84	2:09.87
10 Burnett, Nicholas	17	ZIM-ZZ	2:12.94
28.30	1:01.65	1:37.37	2:12.94
11 van der Merwe, Jan Petr	19	RSA	2:13.10
30.17	1:04.31	1:38.78	2:13.10
12 Shone, Matthew	19	ZAM	2:19.51
30.14	1:05.43	1:42.63	2:19.51
13 Pestana, Jason	18	ANG	2:20.02
30.97	1:06.92	1:43.84	2:20.02
14 Burger, Jean-Paul	16	NAM	2:20.83
30.49	1:06.42	1:43.94	2:20.83
15 Sentongo- Lukwago, Eri	15	BOTS	2:21.00
30.94	1:06.82	1:44.85	2:21.00
16 Wessels, Reynard	18	RSA	2:24.45
31.95	1:09.02	1:46.88	2:24.45
17 DE Villiers, Niel C	19	RSA	2:24.67
32.06	1:09.00	1:46.80	2:24.67



## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

Preliminaries ... (#25 Men 19&U 200 Meter Free)			
18 Antunes, Joao	17	ANG	2:35.62
32.25	1:11.78	1:54.60	2:35.62
19 Kunene, Phiwokwakhe	19	SWAZI	2:36.93
33.87	1:12.73	1:55.17	2:36.93
20 Savory, Lee L	18	ZAM	2:37.56
34.73	1:14.29	1:55.85	2:37.56
21 Da Trindade, Daniel	16	MAW	2:38.60
36.05	1:16.95	1:59.96	2:38.60
22 Mataka, Mapalo	14	ZAM	2:46.53
35.24	1:17.84	2:03.15	2:46.53
--- Kulikowski, Boris	19	NAM	NS
--- Fakir, Shakir	15	MOZ	NS

## #26 Women 19&amp;U 200 Meter Free

1:58.74 FQ\_A

2:02.90 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 McLeod, Lindsay M	17	RSA	2:07.86
29.49	1:01.95	1:35.04	2:07.86
2 Ferreira, Kayla M	18	RSA	2:11.09
29.79	1:02.64	1:36.50	2:11.09
3 Schatz, Kiara	13	NAM	2:14.56
30.67	1:03.79	1:38.38	2:14.56
4 Howard, Jade A	17	ZAM	2:18.81
31.05	1:05.24	1:41.73	2:18.81
5 Cloete, Micaela	16	NAM	2:21.72
31.18	1:05.92	1:43.73	2:21.72
6 Lima, Yara	17	ANG	2:24.24
32.79	1:09.09	1:46.77	2:24.24
7 Bellringer, Kim	17	ZIM-ZZ	2:25.51
32.49	1:09.33	1:48.47	2:25.51
8 Cossa, Gisela	13	MOZ	2:25.97
32.51	1:09.40	1:47.76	2:25.97

## #26 Women 19&amp;U 200 Meter Free

1:58.74 FQ\_A

2:02.90 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Ferreira, Kayla M	18	RSA	2:08.54
30.25	1:02.98	1:35.57	2:08.54
2 McLeod, Lindsay M	17	RSA	2:09.37
29.82	1:02.53	1:36.05	2:09.37
3 Peens, Amy N	18	RSA	2:12.49
29.96	1:02.87	1:36.70	2:12.49
4 Muller, Kristy S	18	RSA	2:15.02
30.56	1:03.67	1:38.44	2:15.02
5 McCulloch, Laura J	19	RSA	2:15.85
31.39	1:06.45	1:41.47	2:15.85
6 Combrinck, Tiffany A	16	RSA	2:16.42
31.06	1:05.86	1:41.42	2:16.42
7 Schatz, Kiara	13	NAM	2:18.00
30.72	1:04.64	1:40.49	2:18.00
8 Naude, Rita	15	RSA	2:18.22
31.38	1:06.33	1:41.84	2:18.22
9 Brown, Terianne N	19	RSA	2:19.27
31.47	1:06.18	1:42.74	2:19.27
10 Howard, Jade A	17	ZAM	2:19.80
31.43	1:06.92	1:43.45	2:19.80

11 Cloete, Micaela	16	NAM	2:22.64
31.97	1:07.36	1:45.47	2:22.64
12 Lima, Yara	17	ANG	2:23.74
33.60	1:09.85	1:47.51	2:23.74
13 Bellringer, Kim	17	ZIM-ZZ	2:26.32
33.09	1:10.45	1:49.69	2:26.32
14 Adelaar, Sonja	14	NAM	2:26.63
33.97	1:11.90	1:49.16	2:26.63
15 Cossa, Gisela	13	MOZ	2:29.62
33.15	1:10.38	1:49.81	2:29.62
16 Salate, Faina	18	MOZ	2:33.32
33.81	1:11.55	1:52.34	2:33.32
17 Rusch, Natasha	16	ZIM-ZZ	2:33.91
33.74	1:11.59	1:52.58	2:33.91
18 Lewis, Kasia	12	ZAM	2:36.16
34.39	1:14.01	1:55.99	2:36.16
19 Bique, Jannat	15	MOZ	2:36.95
35.00	1:15.29	1:56.67	2:36.95
20 Paljk, Tilka Z	15	ZAM	2:37.40
34.28	1:14.03	1:56.60	2:37.40
21 Sakala, Nakawele	15	ZAM	2:37.60
34.55	1:14.35	1:56.94	2:37.60
22 Pinto, Zahra	19	MAW	2:37.87
34.74	1:13.06	1:55.64	2:37.87
23 Chungu, Jasmine P	16	ZAM	2:40.90
36.26	1:17.50	1:59.33	2:40.90
24 Esteves, Jessica	15	ANG	2:53.80
	1:19.98	2:06.69	2:53.80

## #27 Men 19&amp;U 200 Meter Back

1:58.48 FQ\_A

2:02.63 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 DE Villiers, Niel C	19	RSA	2:04.48
28.87	1:00.29	1:32.22	2:04.48
2 Binedell, Martin	17	RSA	2:04.96
29.22	1:01.11	1:33.47	2:04.96
3 Lamprecht, Lushano P	15	NAM	2:17.62
32.19	1:07.77	1:43.45	2:17.62
4 Lamprecht, Christiaan P	17	NAM	2:18.38
31.99	1:07.08	1:43.51	2:18.38
5 Price, Trevor	18	ZIM-ZZ	2:20.39
32.61	1:08.56	1:45.23	2:20.39
6 Alberto, Carlos	19	ANG	2:30.67
33.17	1:10.58	1:51.19	2:30.67
7 Mangore, Elton	17	MOZ	2:32.18
32.67	1:10.91	1:52.41	2:32.18
8 Axiotis, Alex	16	ZAM	2:32.34
34.65	1:12.93	1:53.22	2:32.34

## #27 Men 19&amp;U 200 Meter Back

1:58.48 FQ\_A

2:02.63 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Binedell, Martin	17	RSA	2:06.77
29.35	1:01.34	1:33.83	2:06.77
2 DE Villiers, Niel C	19	RSA	2:07.26
29.38	1:01.60	1:34.67	2:07.26
3 Reid, Christopher P	16	RSA	2:13.88
29.23	1:01.74	1:37.65	2:13.88
4 Lamprecht, Christiaan P	17	NAM	2:21.31
32.74	1:08.71	1:45.60	2:21.31

5 Lamprecht, Lushano P	15	NAM	2:22.02
33.20	1:09.78	1:46.26	2:22.02
6 Price, Trevor	18	ZIM-ZZ	2:22.82
32.65	1:08.59	1:45.43	2:22.82
7 Alberto, Carlos	19	ANG	2:30.52
33.06	1:10.20	1:50.22	2:30.52
8 Axiotis, Alex	16	ZAM	2:33.26
35.73	1:14.48	1:54.84	2:33.26
9 Mangore, Elton	17	MOZ	2:34.06
32.77	1:11.51	1:53.46	2:34.06
10 Naidu, Kumaren M	15	ZAM	2:47.40
38.40	1:20.81	2:04.36	2:47.40
11 Sakala, Kachusi	13	ZAM	3:09.65
44.57	1:34.23	2:24.09	3:09.65
--- Jimmie, Clayton M	17	RSA	NS

## #28 Women 19&amp;U 200 Meter Back

2:11.09 FQ\_A

2:15.68 FQ\_B

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Malan, Janneke J	17	RSA	2:21.49
31.86	1:07.42	1:44.72	2:21.49
2 Oberholzer, Zanré	14	NAM	2:22.68
32.70	1:08.72	1:45.84	2:22.68
3 McLeod, Lindsay M	17	RSA	2:25.73
33.63	1:09.86	1:47.57	2:25.73
4 Cossa, Jessica	17	MOZ	2:35.80
33.76	1:12.55	1:54.69	2:35.80
5 Roth, Toni	15	NAM	2:38.70
35.59	1:16.14	1:58.44	2:38.70
6 Bruce, Avalon	16	ZIM-ZZ	2:40.78
37.21	1:18.90	2:00.48	2:40.78
7 Cossa, Gisela	13	MOZ	2:46.27
37.94	1:20.45	2:03.92	2:46.27
8 Hassen-Weltin, Shanni	12	ZAM	2:50.34
40.15	1:23.18	2:07.68	2:50.34

## #28 Women 19&amp;U 200 Meter Back

2:11.09 FQ\_A

2:15.68 FQ\_B

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Van Niekerk, Nathania	13	RSA	2:20.09
33.29	1:08.97	1:44.02	2:20.09
2 Malan, Janneke J	17	RSA	2:22.77
32.40	1:08.34	1:45.79	2:22.77
3 McLeod, Lindsay M	17	RSA	2:25.84
34.05	1:10.30	1:48.13	2:25.84
4 Oberholzer, Zanré	14	NAM	2:26.65
33.08	1:10.21	1:48.69	2:26.65
5 Allison, Greer B	18	RSA	2:33.94
34.92	1:13.61	1:53.65	2:33.94
6 Cossa, Jessica	17	MOZ	2:37.00
36.86	1:17.45	1:57.29	2:37.00
7 Roth, Toni	15	NAM	2:37.98
36.31	1:16.50	1:58.15	2:37.98
8 Ruele, Naomi	15	BOTS	2:38.71
35.39	1:14.51	1:55.99	2:38.71
9 Howard, Jade A	17	ZAM	2:39.11
36.32	1:16.38	1:58.42	2:39.11
10 Liss, Jessica S	17	RSA	2:39.29
38.57	1:17.89	1:58.58	2:39.29

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

Preliminaries ... (#28 Women 19&U 200 Meter Back)			
11 Bruce, Avalon	16	ZIM-ZZ	2:40.41
	38.01	1:18.52	2:00.17
12 Hassen-Weltin, Shanni	12	ZAM	2:46.90
	38.68	1:21.65	2:05.32
13 Lima, Yara	17	ANG	2:48.55
	39.64	1:22.34	2:05.66
14 Cossa, Gisela	13	MOZ	2:50.51
	40.14	1:23.09	2:07.53
15 Bique, Jannat	15	MOZ	2:55.48
	40.17	1:24.32	2:10.15
16 Rusch, Natasha	16	ZIM-ZZ	2:56.75
	40.67	1:26.58	2:13.36

  

#29 Men 19&U 100 Meter Fly			
			52.57 FQ_A
			54.41 FQ_B
Name	Age	Team	Finals Time
<b>Finals</b>			
1 Wessels, Reynard	18	RSA	55.53
	25.57	55.53	
2 Reid, Christopher P	16	RSA	56.33
	25.91	56.33	
3 Cyprianos, Andresious	17	ZIM-ZZ	58.92
	27.59	58.92	
4 Goveia, Ralph W	16	ZAM	59.00
	26.74	59.00	
5 Todd, Adrian	18	BOTS	59.55
	26.93	59.55	
6 Marshall, Sloane	17	ZIM-ZZ	1:01.37
	27.58	1:01.37	
7 Savory, Lee L	18	ZAM	1:03.83
	27.77	1:03.83	
8 Gomes, Nuno	16	MOZ	1:03.96
	29.21	1:03.96	

  

#29 Men 19&U 100 Meter Fly			
			52.57 FQ_A
			54.41 FQ_B
Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Wessels, Reynard	18	RSA	55.82
	26.21	55.82	
2 Reid, Christopher P	16	RSA	57.08
	26.45	57.08	
3 van der Merwe, Jan Petr	19	RSA	57.40
	26.95	57.40	
*4 Jimmie, Clayton M	17	RSA	57.58
	26.43	57.58	
*4 Basson, Alard D	16	RSA	57.58
	26.21	57.58	
6 Lesenyeho, Itumeleng	17	RSA	58.37
	27.20	58.37	
7 Gamiet, Zaahir Z	17	RSA	58.55
	27.29	58.55	
8 Binedell, Martin	17	RSA	59.01
	27.18	59.01	
9 Goveia, Ralph W	16	ZAM	59.58
	27.42	59.58	
10 Doyle, Byron S	18	RSA	1:00.03
	28.07	1:00.03	

11 Todd, Adrian	18	BOTS	1:00.23
	27.34	1:00.23	
12 Van Der Colff, David	15	BOTS	1:01.03
	28.89	1:01.03	
13 Marshall, Sloane	17	ZIM-ZZ	1:01.76
	27.91	1:01.76	
14 Justus, Calvyn D	17	RSA	1:02.33
	27.96	1:02.33	
15 Cyprianos, Andresious	17	ZIM-ZZ	1:02.83
	29.10	1:02.83	
16 Savory, Lee L	18	ZAM	1:03.94
	30.11	1:03.94	
17 Gomes, Nuno	16	MOZ	1:04.28
	29.71	1:04.28	
18 Mogne, Igor	16	MOZ	1:04.39
	29.40	1:04.39	
19 Alberto, Carlos	19	ANG	1:04.58
	29.74	1:04.58	
20 Winkler, Macquelin H	18	NAM	1:05.75
	29.93	1:05.75	
21 Burger, Jean-Paul	16	NAM	1:08.25
	30.42	1:08.25	
22 Richter, GJ	16	SWAZI	1:10.02
	31.62	1:10.02	
23 Cruz, Dehnnis	16	ANG	1:11.83
	32.62	1:11.83	
24 Hoare, Mark	17	SWAZI	1:12.10
	31.16	1:12.10	
25 Mukuka, Chishala M	19	ZAM	1:14.22
	33.96	1:14.22	
26 Dlamini, S'Manga	15	SWAZI	1:14.23
	34.03	1:14.23	
27 Kunene, Phiwokwakhe	19	SWAZI	1:14.49
	32.45	1:14.49	
28 Naidu, Kumaren M	15	ZAM	1:18.96
	34.74	1:18.96	
29 Antunes, Joao	17	ANG	1:20.12
	36.10	1:20.12	
30 Mataka, Mapalo	14	ZAM	1:21.85
	36.06	1:21.85	
--- Fakir, Shakir	15	MOZ	NS

#30 Women 19&U 100 Meter Fly			
			58.89 FQ_A
			1:00.95 FQ_B
Name	Age	Team	Finals Time
<b>Finals</b>			
1 Naude, Rita	15	RSA	1:03.43
	29.36	1:03.43	
2 McCulloch, Laura J	19	RSA	1:03.85
	29.38	1:03.85	
3 Beukes, Godiva G	16	NAM	1:10.03
	31.92	1:10.03	
4 Schatz, Kiara	13	NAM	1:11.60
	32.62	1:11.60	
5 Paljk, Tilka Z	15	ZAM	1:20.25
	35.79	1:20.25	
6 Chungu, Jasmine P	16	ZAM	1:22.25
	35.79	1:22.25	

#30 Women 19&U 100 Meter Fly			
			58.89 FQ_A
			1:00.95 FQ_B
Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 McCulloch, Laura J	19	RSA	1:04.83
	29.81	1:04.83	
2 Naude, Rita	15	RSA	1:06.05
	31.03	1:06.05	
3 Muller, Kristy S	18	RSA	1:06.33
	30.68	1:06.33	
4 Ferreira, Kayla M	18	RSA	1:06.55
	31.10	1:06.55	
5 Brown, Terianne N	19	RSA	1:07.23
	31.54	1:07.23	
6 Chelius, Emma	16	RSA	1:07.67
	30.82	1:07.67	
7 Connelly, Mu'minah	18	RSA	1:08.49
	32.14	1:08.49	
8 Beukes, Godiva G	16	NAM	1:10.37
	32.78	1:10.37	
9 Liss, Jessica S	17	RSA	1:11.56
	33.91	1:11.56	
10 Allison, Greer B	18	RSA	1:11.58
	33.36	1:11.58	
11 Schatz, Kiara	13	NAM	1:11.71
	32.84	1:11.71	
12 Combrinck, Tiffany A	16	RSA	1:13.32
	32.74	1:13.32	
13 Adelaar, Sonja	14	NAM	1:14.59
	34.71	1:14.59	
14 Paljk, Tilka Z	15	ZAM	1:24.68
	36.00	1:24.68	
15 Chungu, Jasmine P	16	ZAM	1:25.23
	37.45	1:25.23	
16 Hassen-Weltin, Shanni	12	ZAM	1:27.03
	39.25	1:27.03	
17 Sakala, Nakawele	15	ZAM	1:31.73
	40.42	1:31.73	
--- Van Niekerk, Nathania	13	RSA	NS

#31 Men 19&U 400 Meter Free Relay			
Team	Relay	Finals Time	
1 RSA	A	3:30.62	
	Wessels, Reynard 18	Reid, Christopher P 16	
	Justus, Calvyn D 17	Doyle, Byron S 18	
	25.38	52.36	1:17.73
	2:11.17	2:38.27	3:03.26
2 ZIM-ZZ	A	3:47.25	
	Marshall, Sloane 17	Price, Trevor 18	
	Cyprianos, Andresious 17	Burnett, Nicholas 17	
	27.05	56.87	1:24.52
	2:23.82	2:53.42	3:18.71
3 NAM	A	3:51.67	
	Burger, Jean-Paul 16	Lamprecht, Lushano P 15	
	Hentzen, Florian 18	Lamprecht, Christiaan P 17	
	27.58	57.97	1:26.18
	2:24.96	2:55.04	3:21.99
4 MOZ	A	3:53.28	
	Mogne, Igor 16	Gomes, Nuno 16	
	Rasse, Weide 16	Mangore, Elton 17	
	27.98	57.50	1:24.16
	2:22.46	2:55.06	3:22.07
			3:53.28

## SCSA Zone VI 2012 - 08-Dec-12 to 10-Dec-12

## Results

**(#31 Men 19&U 400 Meter Free Relay)**

5 ZAM	A	3:54.88
Savory, Lee L 18	Goveia, Ralph W 16	
Axiotis, Alex 16	Shone, Matthew 19	
27.62	57.69	1:25.87
2:24.58	2:56.08	3:23.55
3:54.88		
6 ANG	A	4:05.45
Cipcic, Marin 17	Alberto, Carlos 19	
Pestana, Jason 18	Cruz, Dehnnis 16	
29.80	1:03.81	1:30.81
2:29.90	3:02.10	3:31.81
4:05.45		

**#32 Women 19&U 400 Meter Free Relay**

Team	Relay	Finals Time
1 RSA	A	4:02.55
Ferreira, Kayla M 18	Chelius, Emma 16	
Muller, Kristy S 18	Peens, Amy N 18	
29.22	1:00.00	1:29.44
2:30.82	3:02.70	3:31.28
4:02.55		
2 NAM	A	4:17.05
Beukes, Godiva G 16	Borg, Kiah T 14	
Schatz, Kiara 13	Cloete, Micaela 16	
31.44	1:05.38	1:36.38
2:41.01	3:13.90	3:43.39
4:17.05		
3 ZIM-ZZ	A	4:21.20
Bellringer, Kim 17	Bruce, Avalon 16	
Rusch, Natasha 16	Carey Smith, Megan 17	
31.05	1:04.59	1:36.37
2:41.80	3:16.65	3:47.11
4:21.20		
4 MOZ	A	4:25.07
Salate, Faina 18	Bique, Jannat 15	
Cossa, Gisela 13	Cossa, Jessica 17	
30.86	1:05.43	1:38.10
2:45.80	3:21.05	3:51.38
4:25.07		
5 ZAM	A	4:42.18
Sakala, Nakawele 15	Paljk, Tilka Z 15	
Chungu, Jasmine P 16	Lewis, Kasia 12	
33.69	1:09.98	1:42.10
2:51.78	3:30.69	4:04.95
4:42.18		
6 ANG	A	4:43.23
Freitas, Maria 15	Esteves, Jessica 15	
Cipcic, Maria 13	Lima, Yara 17	
32.35	1:08.48	1:42.10
2:57.58	3:38.35	4:08.97
4:43.23		